

## Qualitative Research In Physical Activity And The Health Professions

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In alignment with community-based participatory research principles, the findings from the qualitative study presented here were used in an iterative fashion to enhance the cultural appropriateness of the parent intervention and incorporate evidence-based group and individual level strategies for physical activity promotion (33).

Using Qualitative Methods to Understand Physical Activity ...

"Qualitative Research in Physical Activity and the Health Professions" puts to rest any confusion or misunderstanding about this type of research. The text clearly explains the underlying principles of qualitative inquiry, making it easy for students and practitioners to understand how to design, conduct and evaluate qualitative research studies.

Qualitative Research in Physical Activity and the Health ...

Opening with a discussion of the main traits of qualitative inquiry and its use in sport and physical activity, the authors provide a coherent and accessible overview of qualitative research using numerous examples to bring the text alive. The book is divided into five parts informed by stages in the research process, with chapters on:

Qualitative Research in Sport and Physical Activity | SAGE ...

depth interviews, field notes, focus groups, life-world, phenomenological research .... Designed especially for students in sport and physical activity, this book provides a detailed guide to planning, undertaking, and writing up qualitative research. Opening with a discussion of the main traits of qualitative inquiry and its use in sport and physical activity, the authors provide a coherent and accessible overview of qualitative research using numerous examples to bring research alive.

Qualitative Research in Sport and Physical Activity

Qualitative research has its own particular strengths and therefore is able to grasp the multidimensionality of meanings, contexts, unanticipated phenomena, processes and explanations which can be found in the world of sport, games and physical activity.

Qualitative Research in Sport Sciences—An Introduction ...

Qualitative research in sport and physical activity. The very nature of sport and physical activity makes it a rich area of investiga- tion for the qualitative researcher. Its social, cultural, political and economic importance, its pervasiveness at all levels of society, the key issues raised by.

Qualitative Research and Its Use in Sport and Physical ...

Objective To identify issues and perceptions concerning physical activity in older adults.. Design Qualitative study.. Setting Perth, Western Australia.. Methods Sixteen adults aged 65 to 74 years were interviewed in their own homes using a semi-structured interview schedule. Data were analysed using a descriptive qualitative methodology. Results Participants believed that physical activity ...

Perceptions of physical activity by older adults: A ...

Qualitative Research in Sport, Exercise and Health, Volume 12, Issue 5 (2020) Articles . Article. Drugs and supplements in amateur boxing: pugilistic amateurism and ideologies of performance. Christopher R. Matthews & Mark Jordan . Pages: 631-646. Published online: 03 Oct 2019.

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understand physiotherapists' experience of physical activity promotion in clinical practice. Design: A qualitative study was undertaken comprising 12 telephone interviews with participants using a quota sampling approach. The qualitative data was analysed using a thematic analysis approach and written up according to COREQ guidelines.

Understanding Physical Activity Promotion in Physiotherapy ...

Qualitative Research in Physical Activity and the Health Professions puts to rest any confusion or misunderstanding about this type of research. The text clearly explains the underlying principles of qualitative inquiry, making it easy for students and practitioners to understand how to design, conduct, and evaluate qualitative research studies.

Qualitative Research in Physical Activity and the Health ...

Qualitative research can provide better understanding of older people's experiences, beliefs and attitudes towards participation in physical activities and help us translate the strong evidence of benefits of physical activity into practice. 11 Previous reviews focusing on specific ethnic groups 12-14 or programmes to prevent falls 15 have been undertaken in this area, but the inclusion of a targeted population or physical activity type has limited the generalisability of results.

Older people's perspectives on participation in physical ...

Buy Qualitative Research in Sport and Physical Activity 1 by Jones, Ian, Brown, Lorraine, Holloway, Immy (ISBN: 9781446207444) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

Qualitative Research in Sport and Physical Activity ...

This is a ?must have? book for aspiring qualitative researchers in the field of sport and physical activity. The book is well structured, providing the researcher with a step-by-step guide to the processes that need to occur to undertake methodologically sound qualitative research.

Qualitative Research in Sport and Physical Activity ...

Methods: Systematic review of qualitative studies on the perspectives of physical activity among people aged 60 years and over. MEDLINE, EMBASE, CINAHL, PsychINFO and AMED were searched. Independent raters assessed comprehensiveness of reporting of included studies. Thematic synthesis was used to analyse the data.

Older people's perspectives on participation in physical ...

Therefore, this study used a qualitative research design to explore which factors influence Belgian university students' physical activity (including active transportation) and total sedentary behaviour (including screen behaviour, school work, socialising, and passive transportation).

Determinants of physical activity and sedentary behaviour ...

The aim of the study was to explore the motivating and facilitating factors likely to increase physical activity for South Asian adults and their families, in order to develop successful interventions and services. Methodology/principal findings: This was a qualitative study using focus groups and in-depth interviews.

Physical activity in South Asians: an in-depth qualitative ...

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