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Vegan Table

More Than 100

Great Tasting

And Healthy

100 Great

Tasting And

Healthy

Recipes From

My Family To

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review.

And Healthy

*Mayim's Vegan Table*  
by Mayim Bialik |

*Cookbook Review by*  
*Mary's Test Kitchen*

Mayim Bialik - New  
Vegan Cookbook!

Interview Cooking  
with Mayim: Passover  
Edition || Mayim Bialik

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~~In The Kitchen With  
Mayim || Mayim Bialik  
Making CHOLENT  
with Hannah Hart! ||  
Mayim Bialik Why I'm  
a Vegan || Mayim  
Bialik You're Better  
Than Me: Mayim  
Bialik I Don't Think  
Vegan Youtubers  
Know What Protein Is  
(guac & veggies  
is not high protein)  
Boying Up: My New~~

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~~Vegan!~~ ~~||~~ ~~Mayim Bialik~~  
~~*But I Could Never Go*~~  
~~*Vegan! Book Trailer*~~  
~~Why I Stopped~~  
~~Having Kids ||~~ ~~Mayim~~  
~~Bialik~~ How To Raise  
Vegan Kids || Mayim  
Bialik *It's Boys vs.*  
*Girls in 'The Big Bang*  
*Theory' Game In Re:*  
~~Mayim Bialik's Video~~  
~~on 'Girl' vs 'Woman'~~  
Why I Homeschool  
My Kids || Mayim

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Bialik

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Mayim Bialik Wins  
Her Second Critics'  
Choice Award Minority

from Day One: How  
I've Dealt with Being  
Different | Mayim

Bialik *Mayim Bialik*

*Facebook Live*

(12/03/18) Amy / Raj

Fan Fiction scene -

Comicon 2015 The

Big Bang Theory

Season 4: Actor on



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Actor - The Big

Bang's Theory of  
Relativity [HD] [CC]

Top 5 Things NOT To

Say To A Divorced

Woman || Mayim

Bialik 2015 ADG

*Awards Show Mayim*

*Bialik TableTop: Wil*

*Wheaton Plays TINY*

*EPIC GALAXIES w/*

*Mayim Bialik, Tim*

*Schafer, \u0026 Andy*

*Weir! **What Is A***

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**Lifestyle Vegan? ||**

**Mayim Bialik 5**

WORST Things To

Say To A Vegan ||

Mayim Bialik Mayim

**Bialik - The Right**

**Way To Be Vegan? -**

**Only Appearance**

*Gordon Ramsay vs*

*Madelaine Petsch In*

*VEGAN*

*MASTERCHEF*

*COOK OFF!*

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Dr. Mayim Bialik \ "Big

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~~Bang Theory\ Star~~

~~Mayim Bialik Visits~~

~~The Couch Trash~~

~~Meat and Go Vegan~~

~~With Mayim Bialik!~~

**Mayims Vegan Table**

**More Than**

Mayim's Vegan Table:

More than 100 Great-

Tasting and Healthy

Recipes from My

Family to Yours

[Bialik, Mayim,

Gordon, Jay] on

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Amazon.com. \*FREE\* shipping on qualifying offers. Mayim's Vegan Table: More than 100 Great-Tasting and Healthy Recipes from My Family to Yours

**Mayim's Vegan Table: More than 100 Great-Tasting and ...**

Mayim's Vegan Table: More than 100 Great-

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Tasting and Healthy  
Recipes from My  
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by Mayim Bialik, Jay  
Gordon (With) |

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"Many readers will enjoy these easy, family-friendly recipes."?Library Journal "Mayim's Vegan Table was everything I expected and more: The PhD and mom is providing

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affordable, family-tested vegan recipes to parents everywhere who want to put healthy food on the table each night. Full of nutrition tips and practical advice...[with] comfort-food-style recipes."

**Amazon.com:**  
**Mayim's Vegan**  
**Table: More than**

*Page 15/36*

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**100 Great ...**

Mayim's Vegan Table:

More than 100 Great-

Tasting and Healthy

Recipes from My

Family to Yours is a

collection of, you

guessed it, family

favorite vegan recipes

from actress, mom,

and neuroscientist

Mayim Bialik.

**Mayim's Vegan**

*Page 16/36*



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**Table: More than  
100 Great-Tasting  
and ...**

Not only does  
Mayim's Vegan Table  
share more than 100  
easy plant-based  
recipes for dishes that  
are as good to eat as  
they are good for you,  
but Mayim has also  
teamed up with  
pediatrician Jay  
Gordon to offer: Basic

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nutritional information  
about a plant-based  
diet The real deal on  
raising kids on a plant-  
based diet (myths and  
misperceptions,  
debunked) Vegan  
family essentials  
(including a list of  
what to always keep  
in the pantry) Tips  
and strategies for  
easy meal planning  
and healthy eating ...

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**Mayim's Vegan  
Table : More Than  
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Title: Mayim's Vegan  
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Healthy Recipes from  
My Family to Yours

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256 pages, 9.25 X 7.5  
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dimensions: 256

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0.5 in Published:

February 11, 2014

Publisher: Hachette

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**Mayim's Vegan**

**Table: More than**

**100 Great-Tasting**

**and ...**

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This item: Mayim's  
Vegan Table: More  
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Mayim Bialik  
Paperback

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Ships from and sold  
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Cookbook: Over 300  
Recipes for Plant-

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Based Eating Table All

Through the Year by

Del Sroufe Paperback

CDN\$23.71.

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**Mayim's Vegan**

**Table: More than**

**100 Great-Tasting**

**and ...s**

Mayim's Vegan Table

includes over 100

plant-based recipes

for families to enjoy.

They are designed to

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be balanced, so that your body won't feel like it's missing out on something. Being vegan doesn't just mean cutting out animal products – it also means you need to get the proper nutritional balance without those things that you are avoiding.

**Mayim's Vegan**

*Page 23/36*

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**Vegan Cookbook |**

**Mama Likes This**

Just take a cue from actress Mayim Bialik's new book, *Mayim's Vegan Table*, which is filled with more than 100 vegan

recipes—including several cheesy ones.

What's Mayim's secret to finding the...

**Vegan Recipes from**

*Page 24/36*



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**Mayim Bialik -**

**Women's Health**

mayim's vegan table:

more than 100 great-

tasting and healthy

recipes from my

family to yours

WHAT: The new

cookbook by Mayim

Bialik with Dr. Jay

Gordon INFO:

Available now from

Da Capo Lifelong ...

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**Mayim Bialik talks  
'Mayim's Vegan  
Table'**

Mayim's Vegan  
Table: More than 100  
Great-Tasting and  
Healthy Recipes from  
My Family to Yours;  
By Mayim Bialik with  
Dr. Jay Gordon; Da  
Capo; 2014; ISBN13:  
9780738217048;  
Paperback; 223  
pages; About the

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Author: Mayim

Bialik's website;

Disclosure: This book  
was provided by the  
publisher and any  
opinions are my own.

**Mayim's Vegan**

**Table by Mayim**

**Bialik – Sand &**

**Succotash**

Mayim's Vegan Table

More Than 100 Great-

tasting and Healthy

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Recipes From My Family to Yours (Book) : Bialik, Mayim : Emmy nominated actress, New York Times bestselling author, and mom shares a cookbook with her favorite vegan recipes, with nutritional information and advice from a pediatrician. Actress Mayim Bialik shares

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the concerns of  
parents everywhere:  
when it comes to  
nutrition and ...

And Healthy

**Mayim's Vegan  
Table (Book) |  
Charlotte**

**Mecklenburg Library**

...

From Mayim's Vegan  
Table: "It's hard to  
give up your favorite  
sandwich when you

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make the decision to eat plant-based foods, but this Reuben recipe will make you forget you ever doubted your decision. We've re-created the flavor of a classic deli Reuben with ingredients and spices that mimic the original to a T. Grilling the rye bread makes all ...

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Vegan Table

**Mayim's Vegan  
Table | HuffPost Life**

Food recipes can connect us across geography and time, and in the case of Mayim's Vegan Table: More than 100 Great-Tasting and Healthy Recipes from My Family to Yours, I felt super connected to the author,

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wherever she is,  
being a fabulous  
neuroscience PhD,  
television star, and all-  
around gorgeous  
vegan genius. Every  
recipe she included in  
...

Yours

**Cookbook Review:  
Mayim's Vegan  
Table Is A Must-  
Have**

Mayim's Vegan Table

*Page 32/36*



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More Than 100 Great-tasting and Healthy Recipes From My Family to Yours

(Book) : Bialik, Mayim

: "While she's an actress with a PhD in neuroscience, at the end of the day Mayim Bialik is a mom, one who knows what it's like to be a busy parent with little time to spend in the

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kitchen. She shares  
the concerns of  
parents everywhere:  
when it comes to  
nutrition and feeding  
your ...

**Mayim's Vegan  
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Recipes From My  
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(Book) : Bialik, Mayim

: "While she's an actress with a PhD in neuroscience, at the end of the day Mayim Bialik is a mom, one who knows what it's like to be a busy parent with little time to spend in the kitchen. She shares the concerns of

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parents everywhere:

when it comes to  
nutrition and feeding  
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